

EXISTENCE+PLUS

June 2017

THE AWARENESS MAGAZINE OF TODAY

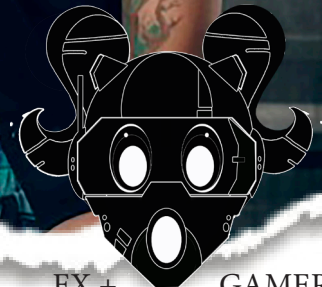
EX

MEGZ ALFONSO

The "So You Think You Can Dance" star
& her contribution to her community



Jehry Robinson
THE BEGINNING OF THE MUSIC



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Escape Room



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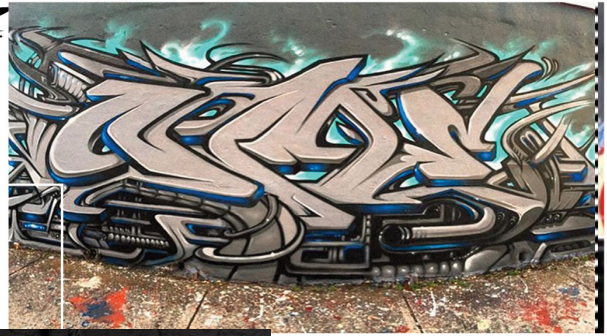
OCTOBER 20-22
CRADLE OF AVIATION



LONG ISLAND NY

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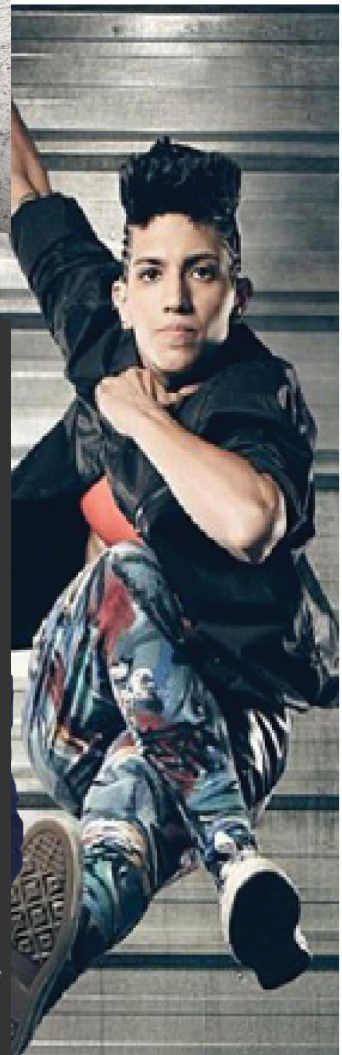
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NME ONER

Behind The Canz

Long Island Native coming out of Freeport , NY NmeOner (NME) began his Graffiti/Art career in the early 1990's. The earliest wildstyle lettering pieces being painted with spray cans at the start of the 94-95' period coming directly out of the New York Hardcore/Punk music scene at 16.

In the late 90's the style development shifted into 3D/Sculpted looking letters when he linked up another writer Joust from NJ, and started heavily painting New Jersey at a weekly rate for the next few years, in addition to New York, producing many large scale full color illegal productions in that period. Some walls are still running to date, untouched for almost 20 years due to the lax buffing "painting over graffiti" that Jersey had in comparison to the NY approach of cleaning everything.

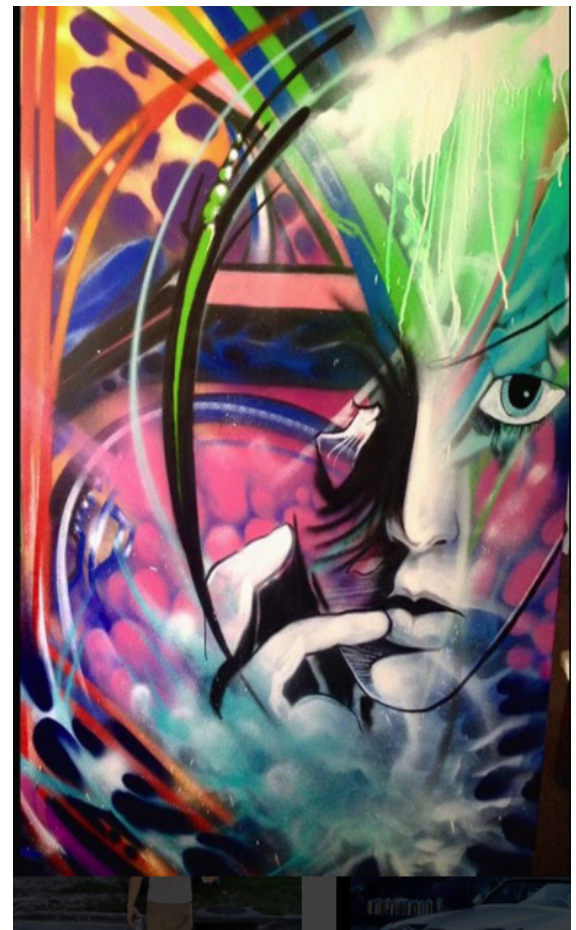
It was in this period that he would also begin illegally painting that Signature "Fire" effect , and other elements like the "Cosmic Gas" and "Nebula" style galaxy work that would be embodied in his paintings/commissions through present day.

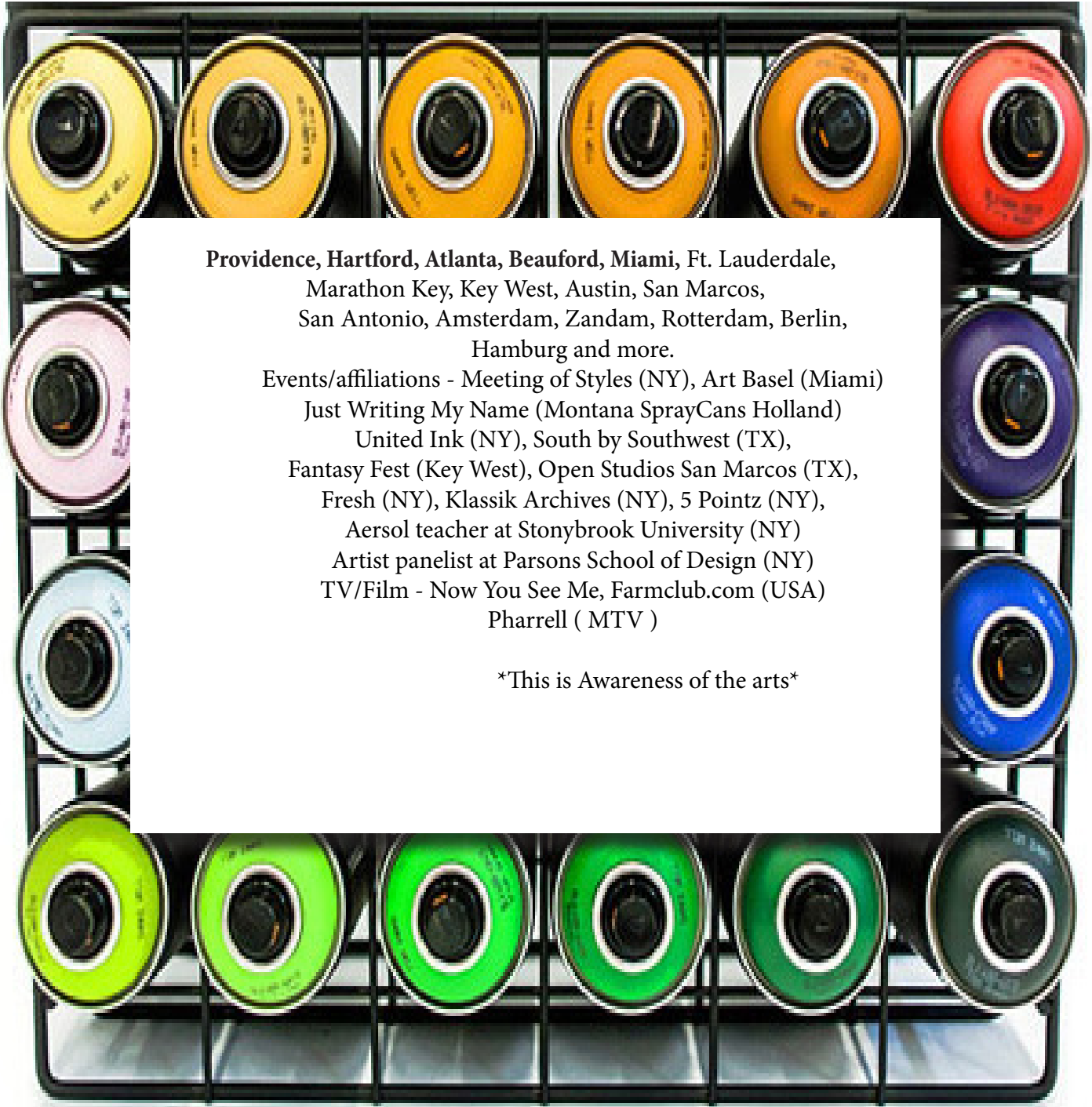
Currently his style can almost be described as a fusion of street / ethereal / photoreal / surreal. NME combines these disciplines with heavily stylized letters & illuminated elements.

NME has produced commissioned works for MTV, RayBan, Monster, DefJam Records, MMG Records, Wrigley (React5) as well as tons of local businesses / private residences, and painted/exhibited throughout Long Island, Soho, Brooklyn, New Jersey,



 @NMEONER



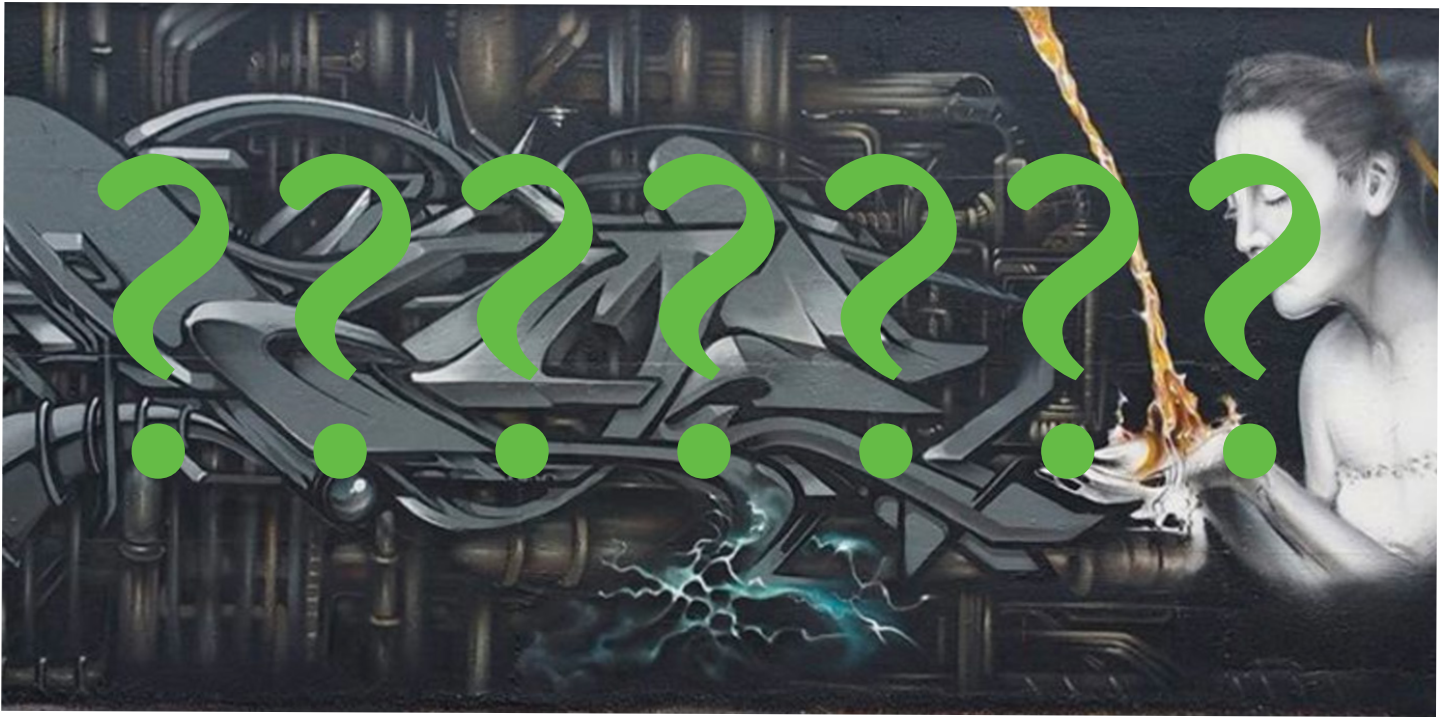


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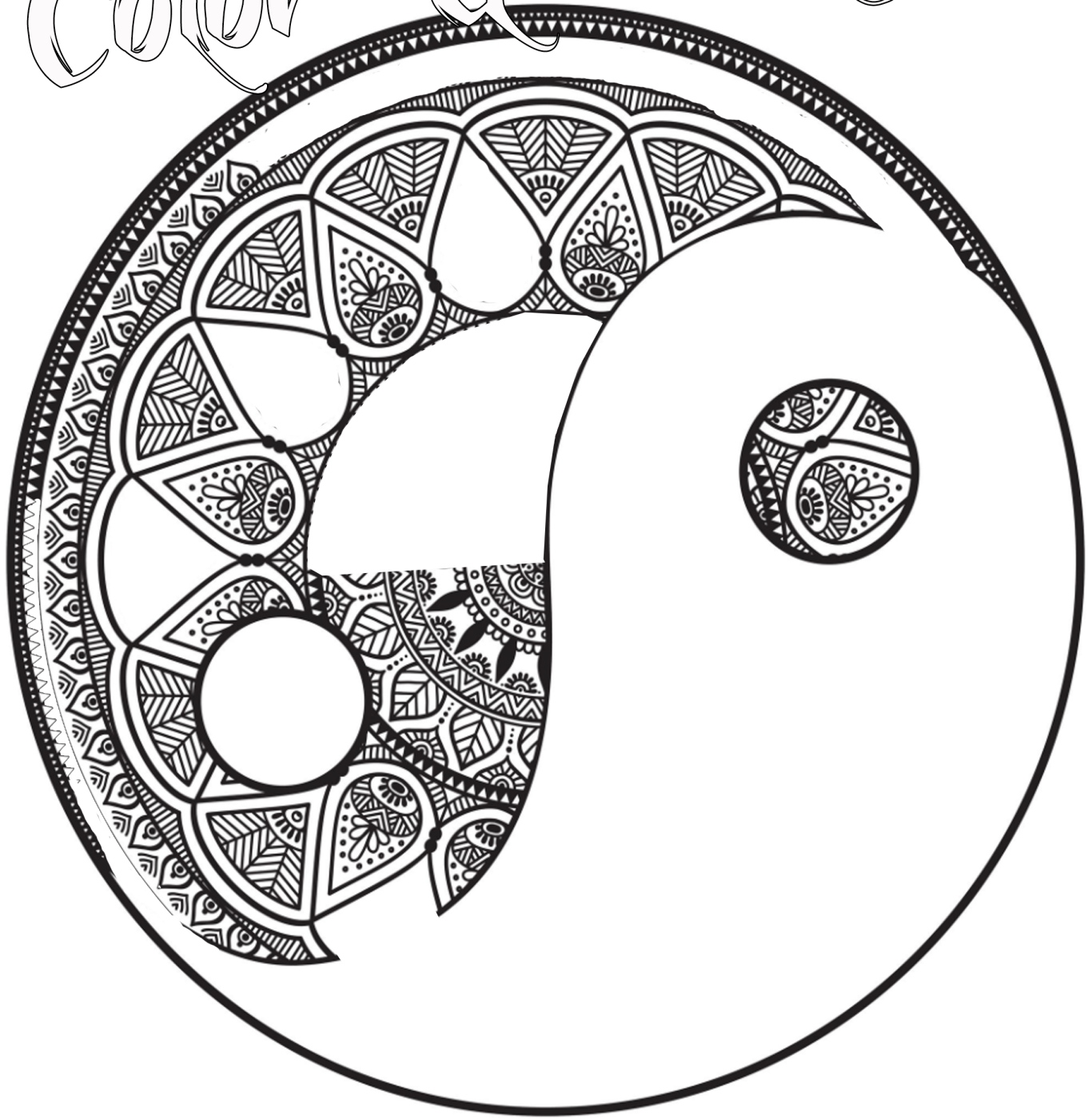
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PRO - ACTIVE ARTIST

THE SPIRIT OF A GIVER!

By Gerald Alexander

FIGURING IT ALL OUT ON HER OWN TERMS.

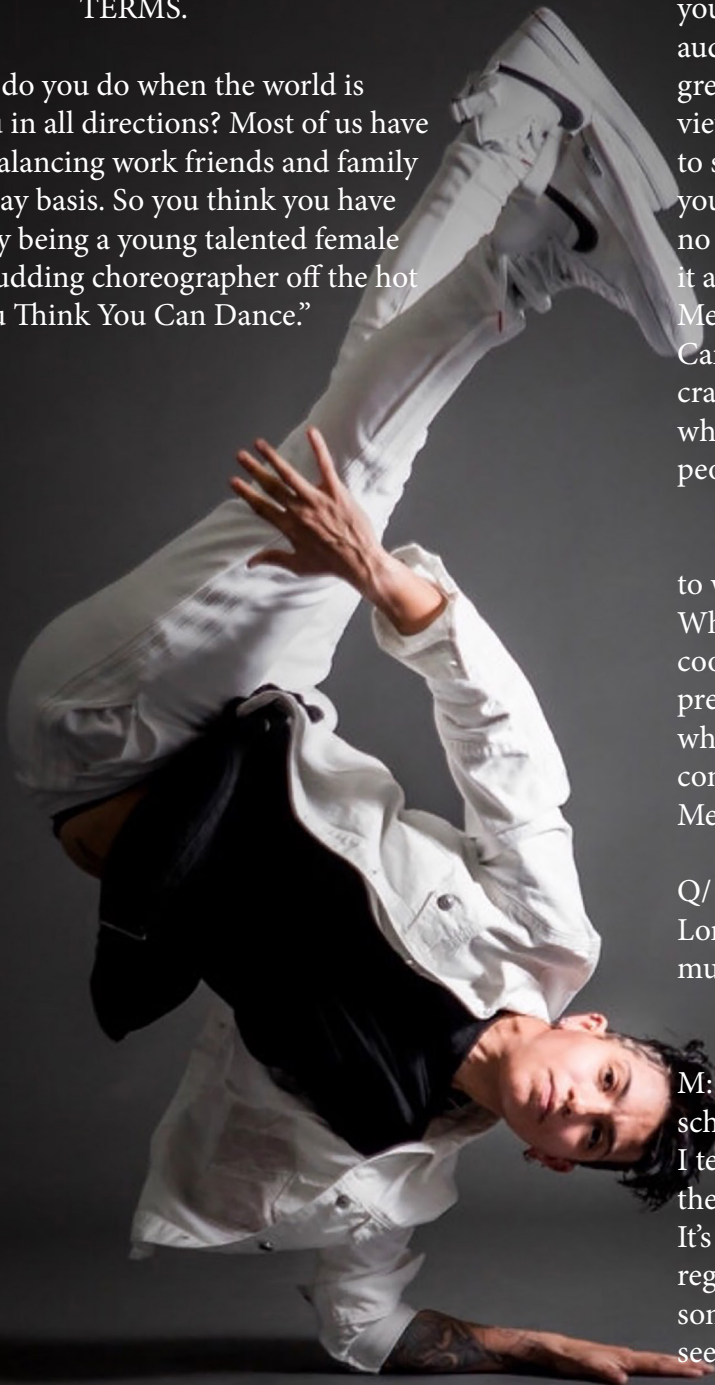
What do you do when the world is pulling at you in all directions? Most of us have a hard time balancing work friends and family on an every day basis. So you think you have problems? Try being a young talented female dancer and budding choreographer off the hot show, "So You Think You Can Dance."

If you think touring as a dancer is tough, try balancing a career. Try teaching young students choreography while building your own company. Try hitting audition after audition while creating your own path for greatness. Try finding time to give an interview to explain to the world how you manage to stay self aware and community involved as you pursue all your dreams when you have no idea how you do it all. Megan Alfonso did it and she did it with ease and a smile. Since Megan Alfonso was on "So You Think You Can Dance" people started booking her like crazy and she's trying to find time to breathe when she can. She admits sometimes she feels people think of her as a robot!

After her confession I was prepared to wait! We took our time and we got it right! When Megan Alfonso and I got to talk it was cool, calm and collected. I was beyond impressed. Megan is aware of whom she is and where she wants to go. Megan is part of her community and the community is a part of Megan!

Q/ Megan, so I see right now you're back on Long Island and doing a lot within the community?

M: I'm back home. I was just finishing a school program called, "The Boce's Training." I teach a hip hop/contemporary program for the Boce's for Bay Shore and the Suffolk area. It's a program for kids who cant afford the regular dance school programs. I go in there sometimes twice a week to teach the kids and see what they love about dance.



MEGZ ALFONSO

Q/ Ok, I know you're very good with freestyle and hip hop. Is that your main focus? Because once you were on the show you were exposed to all types of dance.

M/ Well, they keep categorizing me as a hip-hop dancer but I'm actually a versatile dancer. I mostly do breaking, hip-hop, flipping and contemporary. I basically mix contemporary and hip-hop together so they're my main two I always do.

Q/ Alright so I know now you do a lot of teaching. Do you still have your aspiration in the showbiz arena as well? If so, where do you see yourself pushing in that world?

M/ Well for showbiz, I'm trying to shoot out to be a choreographer. Kind of like the work I did on, "So You Think You Can Dance" but in their position. I also want to challenge myself to do other things besides being a performer. Right now I am building up a company. I want to build it nice and strong and see how that goes. By fall I would like to do a show to see where I'm at and possibly build my weaknesses. Hopefully then I can be a choreographer just like the ones who were on the show.

Q/ I got you. So you're saying that you're building your own company. Is it an outreach as you are teaching, are you finding people and your niche? How is your company growing or becoming what you envision?

M/ Right now what I'm trying to do is a show that's more hip-hop and contemporary so it's always mixed the entire time it's going. I'm trying to shoot it more realistic. More of a reality based show, like what is actually going on with the dancers. I'm just truly trying to build a company that trains kids. Kids who are just getting out of high school, kids who just want to get where I am right now. When I'm training them and I have an audition that I just can't make, I always put them in my position. I just say to them, "Hey why don't you go try this out and see if it works for you. See if it's a challenge for you. That way I can see how you're built." So I send them there or they will do a couple of shows for me. I used to be in an all female company for 12 years. It's now called DECADANCE THEATRE. It's an international company, all girls, but we did coed for hip-hop records. But mostly it's all girl performances. I still work with them from time to time if I am available for their schedule. I learned from their company what to do with mine. So I'm learning from both experiences. It's nice to see both sides of the experience.

Q/ Ok so here comes... If you had the chance to talk to your younger-self about your career path what would you tell yourself that you think you should have known?

M/ Honestly, I would think it's hard to say because when we are young I see it in so many children. We still don't know what our path is. We still have to try and figure it out.



Q/ Yes that's true but in show business there are so many parents trying to push their children in so many different areas. So as a kid where do you get your strength? Sometimes it seems when you're a kid you think you know it all.

M/ Not me! My whole family is full of dancers. My mom is a ballroom dancer. My sister is a ballerina. We all knew we were dancers, but none of us knew if we would continue. I didn't know I would be a dancer. I actually went to college for art, for drawing and history major. So I didn't know that my dancing would kick off faster than my art degree. That's when I stopped what I was doing and began to travel more with dancing. I didn't know I was capable of doing dance as a career.

Q/ Ok wait! So you didn't know if you were going to be able to have this career?

M/ No. I wasn't a flexible dancer. My brother and sister were more like the phenomenal technique kids. I was more the all rounded. I like to do every style. Then when I realized I was getting better and better and when I joined the company right out of high school, it kind of hit me real fast and I was like, wait I can actually do this! So I continued with the company and when I was eighteen, we toured twenty shows and after that we went out internationally and did tours. I was like this is really cool I think I really want to stick with this. I think I could do this. That's when it really hit me, like at eighteen-twenty years old I was really going to do this. Let me stick with this. Let me go for this.

Q/ Ok so you left to do the show and now you're giving back to the community again. That's a huge deal. Most people would get that opportunity and run, run, run. But you're here giving back. Where does your community love come from? What do you hope to accomplish in the community even as you pursue your career?



MEGZ ALFONSO

 **@MegzAlfonso**

 **<https://www.facebook.com/megan.m.alfonso>**

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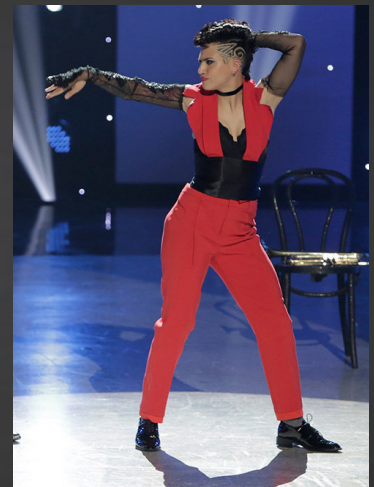
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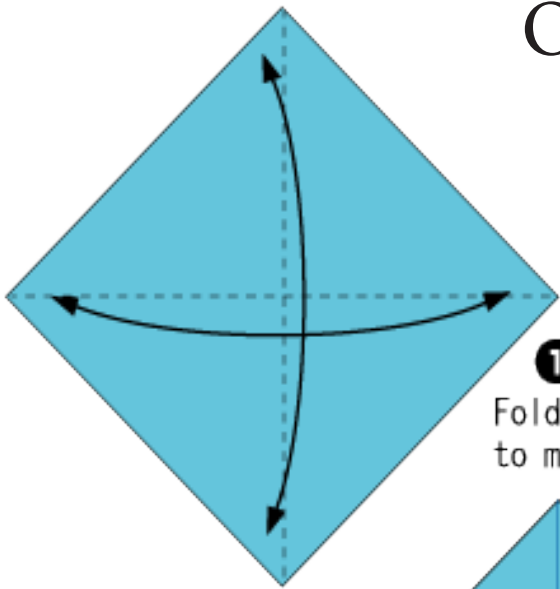


M/ I don't know because as I was growing up as a kid I was very humble. I was a teddy bear. I was a comedian, nerd and everything. I always took everyday as a new page and a new chapter for me. I would always tell people that you can't think you know what you're going to do in life for the future because you don't know. You just have to see where it's going to go. So I tell people you just have to be humble and have fun each day with what you're doing. If you force yourself to do something you're thinking of doing, it's going to be harder to enjoy. I didn't know I was going to be teaching in the community because I thought it was going to be the hardest thing ever. I was like, "I can't do this. This is not me." When I did this they said it's just like teaching kids. So I was like, "Ok let me try it." I went to do it and the kids were great! I had fun and I was just being myself. That helped a lot, teaching in the community. I think that was more of the push factor because I didn't know it was going to be a challenge but enjoyable for me and easy to do.

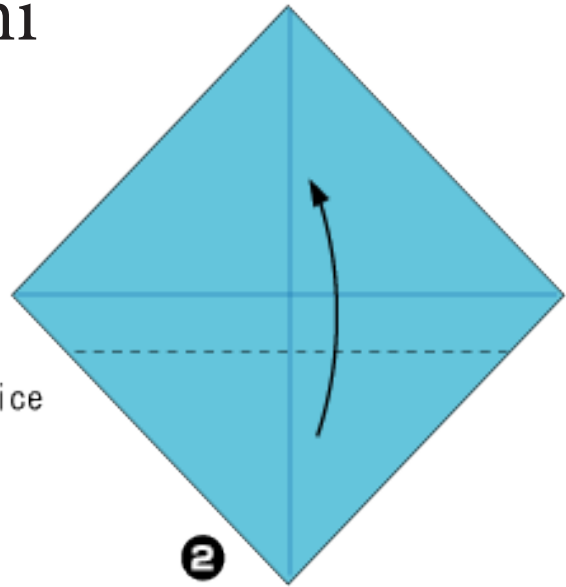
Part one of Megan Alfonzo! Giving back to her community at the start of her career.



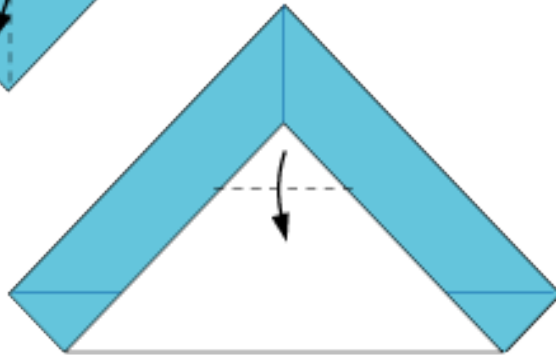
Origami



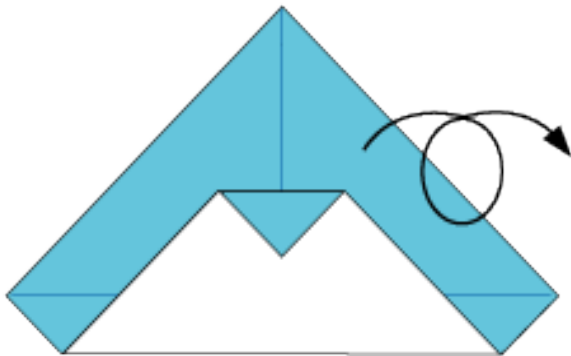
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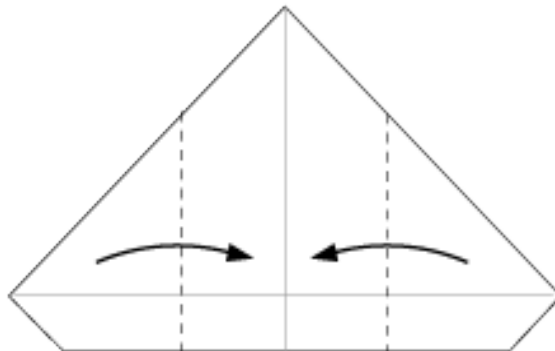
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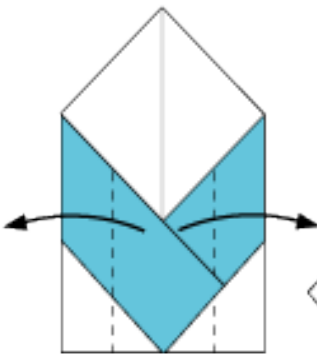
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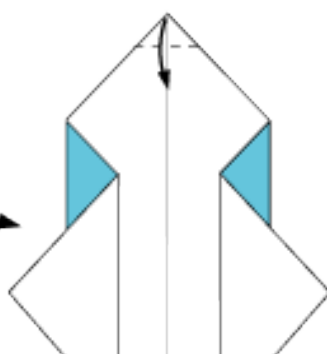
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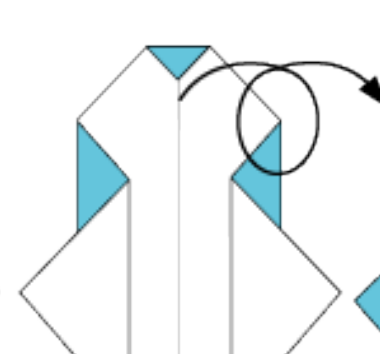
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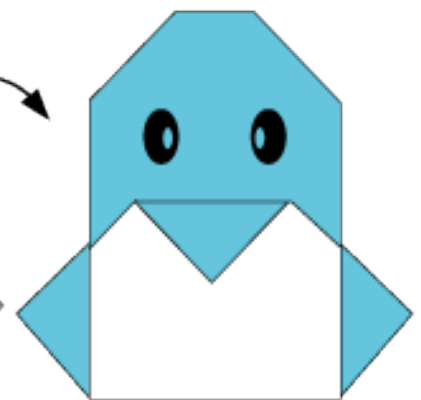
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7 Fold in the dotted line



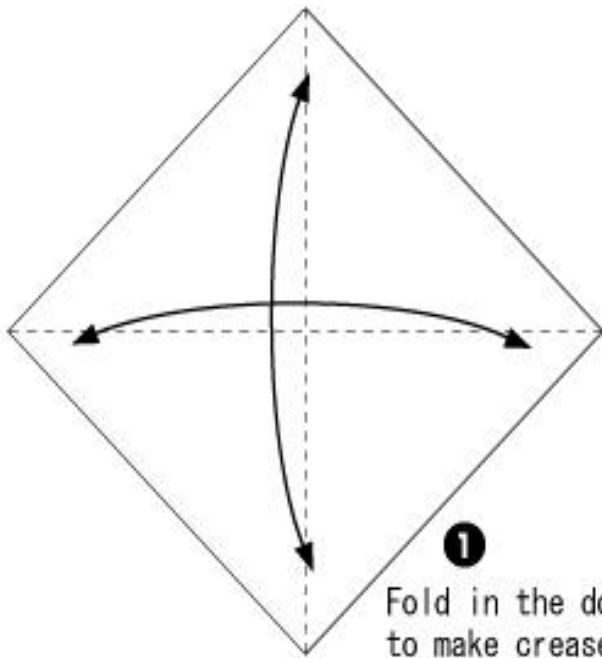
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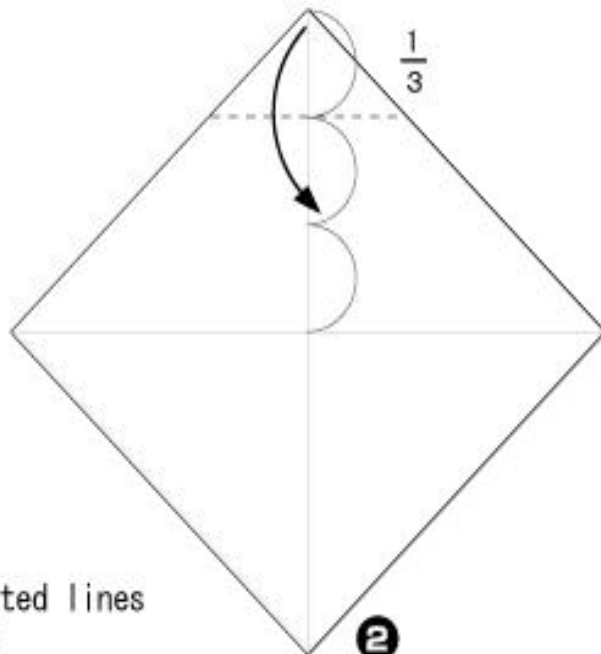
A Penguin



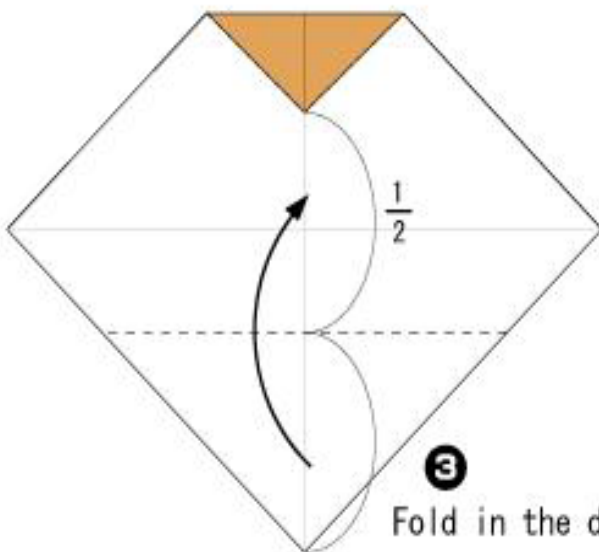




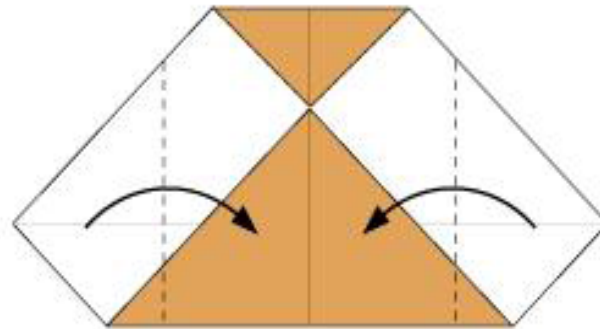
1 Fold in the dotted lines to make creases and fold back



2 Fold in the dotted line



3 Fold in the dotted line



4 Fold to meet the center line



5 Fold in the dotted line

Draw a eyes and wings and finished



6

An Owl

ScissorSalute™

Uniting Barbers and Stylists Worldwide

The ScissorSalute™ Show is an internet radio show that broadcasts LIVE every Monday night. The studio is located in Massapequa, New York. Their purpose behind the show is to unite barbers and stylists worldwide. Every week they look to feature one barber and one hairstylist who showcase live on their stage. For those who cannot make the trip to the studio, ScissorSalute™ offers the option to call in and do an interview over the phone. On the show they give hair professionals the opportunity to not only share their talents with the world but give them a voice to express their opinions. ScissorSalute™ is built over 3 concepts: information, education and inspiration. People from all walks of life and skill levels are invited. By focusing on passion as the main reason they invite people onto the show, this gives the show a more profound impact on their viewers and gives them more options when recruiting for the show.

The show is viewed by going to the ScissorSalute™ Show Facebook page every Monday night from 7-9pm EST or by downloading the ScissorSalute Show app (available for Android and Apple.) If you miss the live broadcast you can still see the replays on the Facebook page or on the app. Their presence on social media is very strong. Since their move to Facebook, ScissorSalute™ is averaging over 4,000 viewers weekly. On Instagram, between the staff, they have over 50,000 followers. Their hashtag #ScissorSalute is extremely popular as well. It is currently receiving about 2,500 posts a week. They are looking to keep you updated on the show weekly in this spot. Please make sure to check back and see what they are up to.



Scissor Salute Show
7-9PM
on StrongIsland.tv



#WeHateHeroin631

What Micheal's Hope does for the community



Nostalgia, a sentimental yearning for a memorably happier time in the past. Some people pay tribute to the past by keeping photos, continuing traditions, and reflecting on better days. When Paul Maffetone experienced the loss of his brother Michael to a heroin overdose in February of 2012, he decided to keep his memory alive in a more productive way. Paul created Michael's Hope, a foundation dedicated to rid the island of this serious heroin epidemic. Michael's Hope is a community outreach program designed to educate early, help families and users in similar circumstances, and save lives. Michael's Hope recruited a team of heroes. Recoverees and families alike come together to share their very harsh realities and experiences to their communities. The mission was to start with our youth. By providing presentations at local school districts, Michael's Hope promotes smart decision making and makes kids wary of the trials and tribulations of addiction. By instilling a little fear in local youth, the foundation hopes to deter kids from making bad life choices. The Michael's Hope website offers an array of resources to aid in the road to recovery. The foundation also holds regular Narcan Training certification classes.

Narcan, or Naloxone, is a life saving drug that can be administered by nasal spray or intramuscular injection. When given correctly, the drug has the potential to prevent fatalities after an opioid overdose.

I had the pleasure of speaking on the phone briefly with founder Paul Maffetone. I inquired about any warning signs that Paul noticed his brother displayed, or if there was anything that we should expect when helping our loved ones battle their addictions. Paul admitted that he had been oblivious to the warning signs at first, initially learning of Michael's use from mutual acquaintances in their home town. Between others talking and





his brothers multiple run-ins with the law, Paul was able to notice when Michael was under the influence. Paul recalls Michael displaying delayed motor skills and often nodding off when he was using. Furthermore, I inquired if there were any ways to intervene with little resistance, or if there was a method to say something without sounding offensive. Paul explained that there is always going to be an initial argument, denial, or some sort of resistance. There is no easy way to talk about addiction but the key to winning the battle is persistence. There are many new methods and resources to access help. If you or someone you know is struggling with addiction, make sure to be the strongest support system in this individual's life. Always reiterate that there is always a choice to help them. I urge you to visit the Michael's Hope website and utilize all they have to offer. Start today and be the change in this ongoing crisis.

-Joey Garland



Some words from Paul

Hi my name is Paul Maffetone, some ask me if I myself have suffered from addiction and my answer is no, I was addicted to cigarettes but that's as far as my addictive traits ever went, so they ask why I do this.. Why do you get so involved? I am so involved because I care, I watched my older brother deal with this disease.. My brother was my hero, my best friend, my mentor, my protector.. I watched how his life became taken over by this drug, I watched him lose everything.. Visits in jail, the day by day struggles when he was home, the withdrawals, the lies, the stealing, the pain in my parents and myself, then the ultimate consequence... I watched my brothers life leave his body after he overdosed in my bathroom in February of 2012.. The pain of losing my brother and my parents losing their child.. This is something I never want ANYBODY to go through! I do this to keep his memory alive, I do this to hopefully prevent at least one family from having to go through this pain, sorrow, anger, sadness, frustration, confusion.. This is a serious crisis we are facing in this country.. This drug has no bias!! It finds its way in to the hands of anybody! Parents

please stop saying "NOT MY KID" and starting realizing that it is your kid and everyone's kid.. We can stop this epidemic if we all work together, educate and create prevention.. You don't wanna feel the pain that I feel.. My brother is pictured on the 2 photos on the right, he was released from prison on drug charges in December of 2011 and died on February 11, 2012 of a heroin overdose in my bathroom.. Michael Anthony Maffetone was only 29 years young, just shy of his 30th birthday. I do this for you big brother! Thank you all for your support! Let's continue to fight and build these groups!!





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HERRY STELLAR



Mixed Martial Arts or MMA, has been legalized in New York since March 23 2016. A little over a year ago, New York fighters and fans of Mixed Martial Arts finally got what we have been waiting a very long time for. About 20 years, almost to the year when Gov. George Pataki banned Mixed Martial Arts in the state of New York, leading to unsanctioned events, mostly in amateur that were less than what any fighter should be fighting. The rules were unclear at best, and the sanctioning bodies were slim to none, and hardly at the level of what they should have been.

Since Andrew Cuomo passed the new Mixed Martial Arts bill for NY state, the New York State Athletic Commission has made it a point to take the rules and regulations to the most professional level with a few sanctioning bodies.

The United States Muay Thai Association, or USMTA, is one of the most qualified sanctioning body in MMA today. There are multiple reasons. For one, any referee under the USMTA has to take their ABC course to get certified. It is a pass/fail class where certification isn't just handed out and is taught by world renowned referees Dan Miragliotta and Kevin Mulhall.

KERRY STELLAR'S IN THE



David Diamante

Jacob Stitch Duran

Nothing is ever perfect in its infancy, things will continue to change as time goes on to make the sport safer for athletes, both professional and amateur. The NYSAC are the ones who sanction all the professional bouts in NY; there have been a few hiccups and complaints mostly from fighters, however from a fans standpoint, and a journalist those complaints won't last as the rules are revised and revamped often.

New York has seen the biggest names in Mixed Martial Arts since it has been legalized. The first, and most notable, was UFC New York which took place at the world famous Madison Square Garden, where it is a dream of any athlete to compete in, with UFC 205 on November 12, 2016. Carrying some of the biggest names



Lion Heart Jill



GIRLS CORNER



Jared Flash Gordon



Alexis Phoenix
Tom Kilkenny



Big Dan
Miragliotta

in MMA was a fight card no fan will forget.

UFC Buffalo soon followed, and next to hit New York for UFC will be July 22 2017. UFC on fox 25 will have a plethora of fighters from Long Island, and the rest of New York, a treat for fans and fighters.

Also Bellator will host its first event ever June 24 2017 at MSG, and has a very exciting fight card that will be aired on PPV.

Plenty of more professional MMA events will be popping up in NY, more frequently now.

On to the Amateur world of MMA. There are a lot of fight organizations that have popped up over the last 10-15 years, with one that stands out from the rest.

Triton Fights, sanctioned by the USMTA, has had their inaugural fight this past December, their first fight card on February 24 2017 and their second fight card on April 28 2017. Their next event will be on June 30 2017, where you can see the stars of tomorrow fighting.

Tom Kilkenny, Eugene Perez, and Nic Canobbio have made Triton Fights the most professional amateur Mixed Martial Arts organization NY has seen. There have been articles on them in Newsday, as well as some notable MMA press and publications. They also host meet and greets and after parties where you can meet the fighters. Mixed Martial Arts in New York will continue to grow and flourish with the biggest names in MMA and the brightest stars in attendance at every show. For more Mixed Martial Arts news stay tuned and check out inthegirlscorner.tk.

-Kerry Stellar





What is your biggest driving influence in your message?

I would say my biggest driving force is to inspire positive reinforcement in the community and to speak from a point of view of self reflection that others can relate to. I would like to reach and affect as many people as possible.



What are some things you are currently doing that is hands on in your community?

I would like to shed light and open conversation on prescription drug abuse. I partnered up with Macklemore to patent and invent a product named Safety Script which will launch this summer.





Jehry Robinson

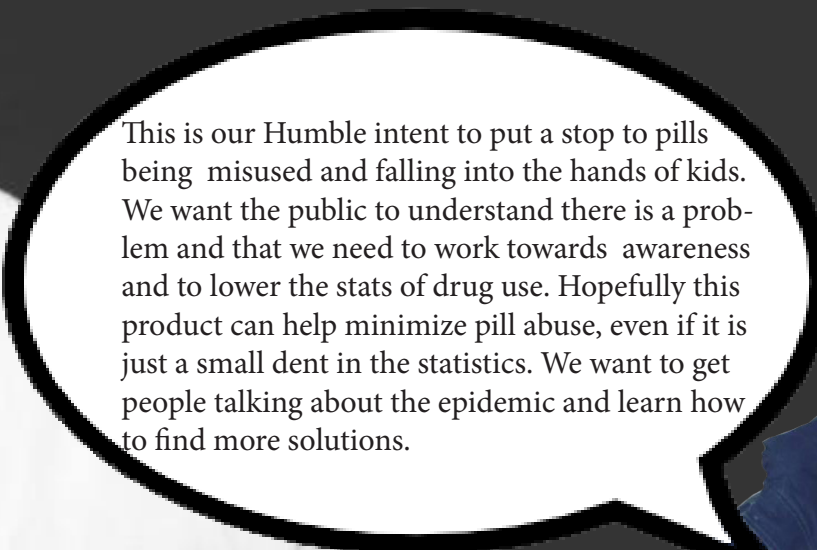
THE BEGINNING OF THE MUSIC

Throwing a spotlight onto a society's most disheartening issues, Jehry Robinson's music echoes his aspiration to be vocal on sociopolitical issues. He portrays this aspiration in songs such as "Minimum Wage" and "Hustlers Love". He also includes issues of the heart in his songs "Rain" and "Fatherhood". Jehry Robinson speaks from a perspective of self-reflection, where he can encourage positive reinforcement in a world that is so addicted to pain and detachment in our community.

His most recent push is against prescription drug abuse which he depicts in his song "Monday Night Raw". He has teamed up with Macklemore to try and be more hands on with making a difference in the high rate of drug abuse that can be found in most homes. Together they have developed a product called "Safety Script" that will open conversation about prescription drug abuse while hopefully putting a dent in the high numbers of it. He is working to make such an impact all while promoting his latest album entitled "789", as well as his upcoming show on July 22nd at 89 North Music Venue in Patchogue, NY.

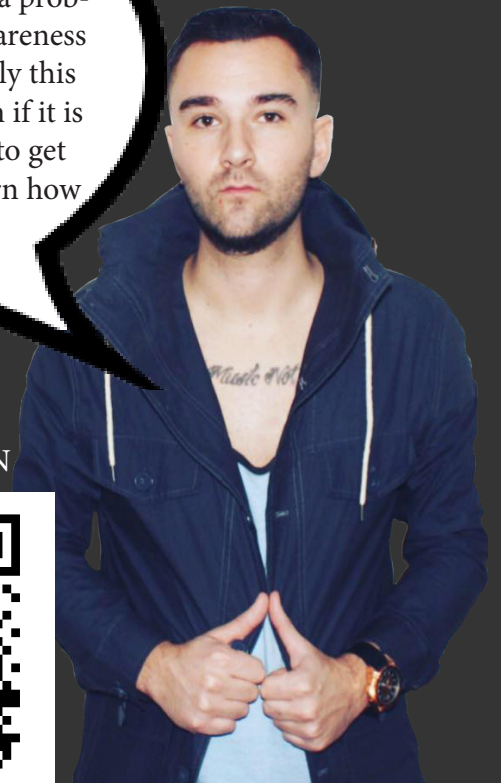
-Editor Ruby Sky Rivera

-Journalist and reporter Edu Ehko Rodriguez



This is our Humble intent to put a stop to pills being misused and falling into the hands of kids. We want the public to understand there is a problem and that we need to work towards awareness and to lower the stats of drug use. Hopefully this product can help minimize pill abuse, even if it is just a small dent in the statistics. We want to get people talking about the epidemic and learn how to find more solutions.

Jehry Robinson
FREE TO LISTEN



Finding Your Individual Healing Modalities

What do you think the world would be like if we all walked around without anger? Have you ever stopped to think that if each and every person was in a happy place, “would there be any violence?”? If all fear was removed, what kind of world would this be to live on? I guess it would feel like your favorite vacation spot. Or that place you went to as a kid that still makes you excitable when you go there as an adult. We usually tend to feel the need to “escape” to a happy place. But what if we were the happy place, and able to find it within ourselves? It is quite possible that if we did go to some beautiful island or some fascinating site, and we were in a bad or depressed mood it would not be as enjoyable. So couldn't the same be true the other way around? Isn't it possible to be in a real negative situation, but change your mindset and all of a sudden it's not so bad? The situation is only going to be as bad as we perceive it. So if you use each instance that you come across as a learning opportunity, you can become excited by your growth from the challenge.

Ok that sounds great, but let's face it, life here in the physical form is rough! And it's super hard to keep a



smile not only on your face, but in your heart at ALL times even when someone is pissing you the f*ck off! Unless you are Jesus Christ himself, it really isn't likely that you will never get triggered in your life by someone or something. So how about we try to do everything in our power to have that happen as little as possible? I've found what works for me, was finding a passion and something I love to do for a living as my FIRST life changer. Spending 40+ hours a week in an environment that doesn't keep you in your happy place is going to rule your world! Think about it, how many people do you know that wake up dreading the day, at a time that they most probably would not normally wake up, to travel to a place that they don't enjoy and spend time with people that do not appreciate them or are irritating to them? That sounds like a real crappy equation. What is the result of this? Well, they are probably going to wake up annoyed and not looking forward to the day. Then they will spend the day at a place that drains all energy. And then leave there trying to get everything done that they couldn't while they were there, now resenting the evening and feeling like there isn't enough time or that they have a life. Then we stay up as late as possible to prolong what's inevitably coming making us further exhausted and reliant on coffee and stimulants to dredge through the next day. So I would say, that 8 hour shift just turned into the entire day. 5 days a week, leaving us with 2 to try to balance out and undo what the work week did to us. And we aren't even getting into what our parents did to us as kids, so the level of healing that a person needs goes way beyond what just happens today. It's critical to not keep layering frustration on top of itself. For your own well-being and the well-being of everyone you encounter!

Where do we begin? Well, think about what you would be doing if man made time and money were not a factor. What hobby would you pick up if you had both with no worries? With the way that the world works now with social media and independent businesses popping up all over the place, offering all different money making dynamics, the only thing stopping you from finding out what you can do here on this Earth is YOU. Every excuse you can think of is exactly what's holding you back, not the actual thing you speak of. So for example if it's that you do not have the time, just as you make time for going to the bathroom and eating, you can make time for anything you truly need. And trust me, you NEED this. We tend to get caught up in the idea of the things that we HAVE to do, and taking care of our own best interests normally do not make the cut. Even just starting something new and having it as a thing to look forward to can change your mood. Sometimes, a hobby will really go along way by being your creative outlet and releasing pent up energy. If you are having trouble with something like finding time, pick up the book "The Miracle Morning" By Hal Elrod. Everything you need to know about how to fit things into your already compact schedule is in that book. If you always think of a reason why you cannot do something, then you won't. If you find ways to move through the obstacles blocking you, "when there's a will, there's a way"! Try being a kid again and having a dream. Think big. What would you love to do for fun that could possibly be a small side business for yourself? You don't have to make money doing the



thing you love, however if it's something that could turn into the better portion of your life because your finances are taken care of by it, that would be amazing! Let this be your escape, into a peaceful place whenever you need it.

Try to start finding peace within yourself. So that we can spend most of our time spreading love and joy, not anger and resentment into the world. The more we do this as a lifestyle, the less we will collectively build upon anger. And instead, move through life with love and a light heart. Things would be so different if our mind frames were in a better place. Much less anxiety, worry, or fear. Depressive minds are so easy to go unrecognized by ourselves and by others. The very recent suicide of musician Chris Cornell really hit home to the 30+ crew. This article is going to be a series geared towards finding your own Healing Modality. What is going to help you move through this journey of life in the most peaceful way? Not how to be better than anyone or above negative thinkers. Life is not a competition and shouldn't be spent trying to be someone else or out do someone else. No one is better at being you than you. So let's figure out how to be the best version of ourselves together!

-Danielle Meill





Collective Conscious Card

Each month using my Opal pendulum, I will channel the energy of the audience reading this magazine, to provide a gentle message from the energy around us that we may need to hear via tarot cards. It may hit home at the moment you read it, and it may be something you think about for days to come. Either way, enjoy this message and let's spend a moment thinking in a high vibrational and positive way, together!

Today's deck was the Soul's Journey Deck by James Van Praugh. I find this to be a very straight forward deck to read from! The three cards pulled were Growth, Fear and Adversity. Notice how Adversity is upside down. This means, it's something that we need to work on. The message I receive from these cards is that we want growth, but fear has a bind on us. Fear is what stops you from pushing forward. Fear equates to the excuses we make as to why we can't. If we work on accepting the challenges and knowing that they are the best way to learn, the obstacles stop seeming to be so hard. As we get stronger, life becomes easier. Be successful by pushing through what's difficult to be rewarded by the universe on the other side of it. Work with the universal laws and they will work with you!

-Danielle Meill



“Life 2 Long Island”

It is rare to see a clothing line solely devoted to its hometown, but Life 2 Long Island is once such exception. Our goal behind the inception of the company was to represent our hometown in a way like it has never been done before. Unlike many other clothing companies, we prefer to incorporate local elements.

Life 2 Long Island promotes small businesses in town and nurtures local talent, so that they can get a lucrative global platform. We sell a wide range of apparel ranging from t-shirts, trousers, leggings, and much more. One of the most popular items is the large variety of caps featuring the trademark logo. This logo has been created with a lot of thought behind it – as you can see it reads as “LIFE”, which in turn helped us to craft the phrase “Giving Life to Long Island”. Our hometown isn’t just a place – it signifies life in a deep and meaningful way. It is this passion and determination which we put into Life 2 Long Island.

Our company supports various causes and charities apart from selling clothes and accessories such as those fighting against breast cancer and Big Brothers Big Sisters of Long Island. We also participate actively in community events as we were featured on the TV show called Unique Rides on Velocity TV in 2016. In the future, our goal is to keep utilizing trendy and contemporary designs to portray our hometown in a unique manner to a worldwide audience.

For the first two years LIDS did produce “The Long Island Hat”, but due to cost we were forced to resort to a local manufacturer in order to ensure we did not have a cost increase. We have now grown to a brand and at the present time we are looking for major manufacturing as well as major distribution. Due to the fact we did not remove LIDS tags from all hats produced by LIDS, local Long Island customers frequently visit to their local LIDS looking for the trademarked product. The fact LIDS / HAT WORLD is the world’s largest hat supplier and our company’s original manufacturer, we would like to possibly complete a manufacturing and distribution agreement.

So join us on this fun journey and help us grow further – all you have to do is browse through the merchandise and buy. Please place your order right away!





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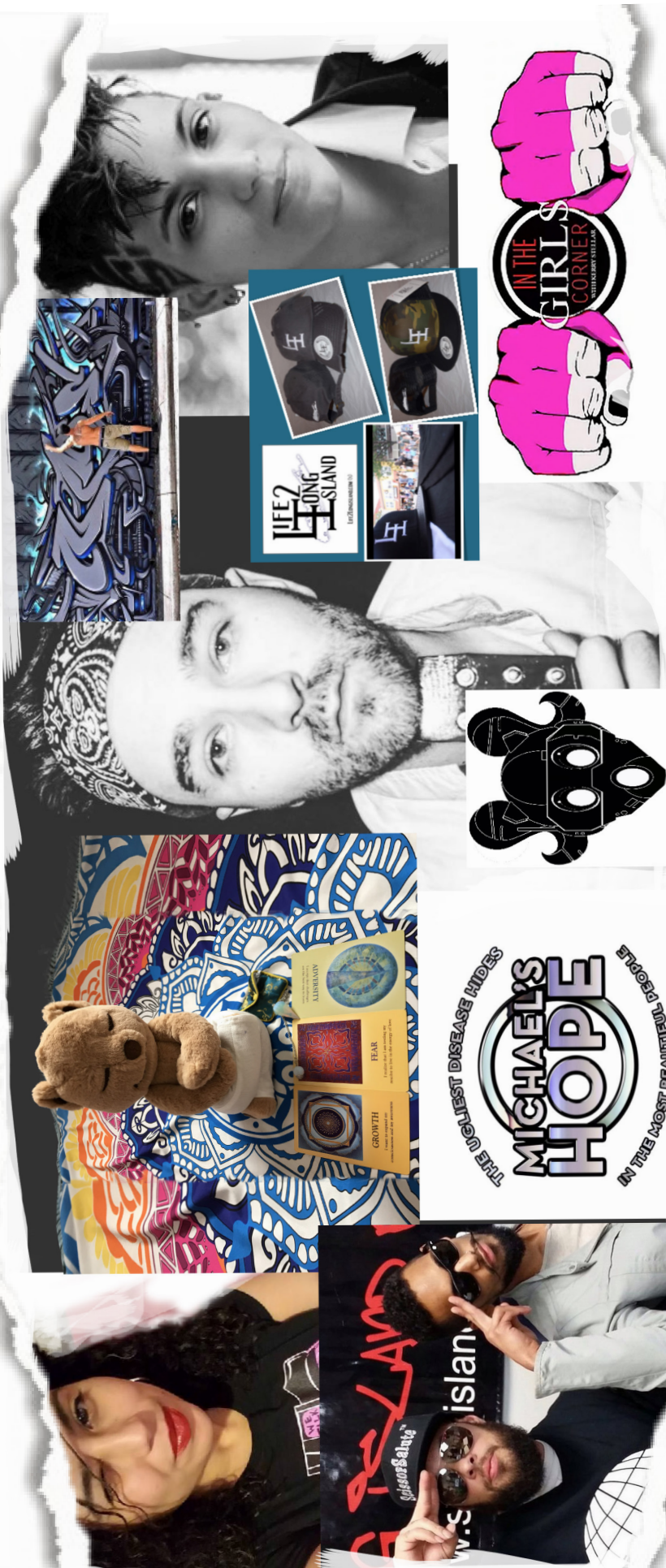
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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	1	2



Who We are

At Existence+ we're here to help you cultivate, reveal, and live the best version of you! Our site is designed to offer you guidance on building and rebuilding yourself. By sharing and discussing what countless others have done to ensure promising opportunities, you will find yourself in a positive position ready to seize the day. "Carpe diem!" By allowing us to show you what others have accomplished and achieved with their new found lease on living, you too will reap the benefits that life has to offer.

Existence+ gives you a new lease on thinking so that you can live and enjoy your life. With continual growth, you will find yourself in a continuous path of progression which leads to personal success! We will showcase members of the community who shine above the rest, and help lead you down the same paths. We have found that learning from positive influences can only yield positive results. Don't forget - We are molded by the influences of our environments. This is the Ex+ Project, better known as Existence Plus. We look for positive atmospheres and help grow them in our community by helping you become the best version of you! We help build your productivity with safety, happiness, health, art and wealth. We look forward to joining you on your journey to become the best you!

What do we look for?

The Image :

What makes a great sponsor?

Sponsors should be role model affiliates that have a strong presence in their community. Small business owners, businesses that are community oriented, accomplished community leaders, or community based philanthropists. These innovative candidates are picked on their ability to aid us in giving back to the community with the knowledge and desire to help bring about productive and positive results.

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